

ESSENTIAL OILS & HEALTHY HABITS CLASS

Stockbridge Munsee DEC Team



Learn how to change your lifestyle to include more natural solutions. Essential oils and other natural solutions can replace and replenish

products in your routines for a healthier, more vital life!

Fundamental essential oil information, supplement information and ideas on how to build a foundation for healthy habits and a long vital life! Have the chance to win a door prize!

Some cash and carry items available along with online to door orders

Date: January 23, 2019 at 5-7pm

Where: Stockbridge Munsee Health and Wellness Conference Room

Light snack and refreshments will be served

Any questions feel free to contact Courtney Schwefel at 715-793-5013 or courtney.schwefel@mohican.com