



STOCKBRIDGE-MUNSEE HEALTH & WELLNESS CENTER DENTAL

W12802 County Road A, P.O. Box 86 Bowler, WI 54416

TELEPHONE: (715) 793-5019

NON-NARCOTIC PAIN MANAGEMENT INSTRUCTIONS

Immediately:

For moderate pain, three regular strength 200mg Ibuprofen tablets (Advil or Motrin) should be taken every 6 hours. Two regular strength 325mg acetaminophen (Tylenol) can be taken every 6 hours as well. It may be best to stagger the acetaminophen 3 hours after the last ibuprofen dosage. **WARNING:** Do not exceed 3,000 mg or nine regular strength tablets of acetaminophen (Tylenol) in one day.

*NOTE: This is not a prescription, it is only for your information. Do not take this form to the pharmacy.

Revised: 05/03/18