



## STOCKBRIDGE-MUNSEE HEALTH & WELLNESS CENTER DENTAL

W12802 County Road A, P.O. Box 86 Bowler, WI 54416

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### **POST ORAL-SURGERY IRRIGATION INSTRUCTIONS**

#### **Start Date (Four Days After Extractions):**

Irrigate extraction sockets with warm water every time you eat a meal and before bedtime. Fill the curved tip syringe with warm tap water and place the tip into the center of the socket. Gently irrigate the socket in order to remove any food and other debris. A small amount of bleeding is common the first few times you irrigate sockets. The sockets heal from the bottom up. It may take several weeks for them to completely heal. Stop irrigating when you no longer can place the tip of the syringe into the socket. We recommend that you take the syringe apart between uses to allow it to dry.

Revised: 09/07/15