

# Diabetes Luncheon

**When: September 19th 2017 @ Noon**

**Where: Clinic Lower Level Conference Room**

**What: Stress Relieving Yoga/Stretching Session**

**Speaker: Jess Artz an Exercise Physiologist from the Ho-Chunk Nation..**

**\* Lunch Provided \***



**Yoga for  
Stress  
Relief**

